

Diné College

Bachelor of Arts in Psychology

Social and Behavioral Sciences

Tsaile, Arizona

NHC 270

928-724-6621

<http://www.dinecollege.edu/academics/social.php>

Psychology BA Program Coordinator

Sara Kien

928-724-6624

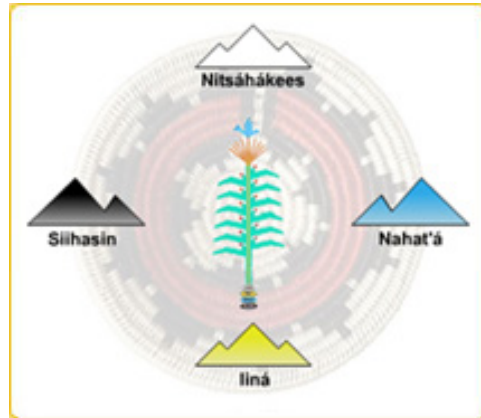
skien@dinecollege.edu



**INFORMATION AND ORIENTATION PACKET
2017-2018**

Overview of the Psychology BA Program at Diné College

The culturally-based Navajo Psychology BA program at Diné College implements the Diné paradigm of Nitsáhákees (Thinking and Conceptualizing), Nahat'á (Planning and Gathering Information), Iiná (Living and Achieving), and Siihasin (Evaluation and Competency) to provide students with both Navajo and Western psychological expertise needed to promote mental health and hózhó (balance) for individuals, families, and communities. This program provides courses and training that will enable students to pursue graduate studies, obtain employment and promotion in the workforce, and serve the Navajo Nation.



Nitsáhákees (Thinking and Conceptualizing)

Years 1 & 2: Introduction to Social and Behavioral Sciences; Developing ideas about psychology and conceptualizing a pathway toward obtaining a Psychology BA degree.

Nahat'á (Planning and Gathering Information)

Years 3 & 4 (58-60 credits): Gathering knowledge and information about Navajo and Western psychological perspectives across multiple domains.

Iiná (Living and Achieving)

Year 4 continued: Applying knowledge to independent study (PSY 497), an undergraduate research project (PSY 498) or an internship/fieldwork experience (PSY 499) in a specific area of specialization or interest.

Siihasin (Evaluation and Competency)

Graduation: As part of graduation requirements, students will be asked to put together a portfolio summarizing what has been learned in the program and outlining a post-graduation plan that includes a summary of the way in which psychology knowledge and skills will be applied to post-graduation plans.

Admission into the Psychology BA Program

To be admitted into the Psychology BA program, students must:

- 1) Have an AA in Social and Behavioral Sciences or related discipline
NOTE. Exceptions can be made on a case-by-case basis – see the Psychology BA Program Coordinator or the Psychology BA Advisors for more information:
- 2) Register for Psychology BA professional preparation courses (see next page for a list of courses)
- 3) Obtain approval from the Psychology BA Program Coordinator or a Psychology BA Advisor

Psychology BA Program Coordinator:

Sara Kien, PhD. skien@dinecollege.edu; 928-724-6624

Psychology BA Advisors:

- ***Tsaile/Chinle/Window Rock:*** Calvin Dominguez; cdominguez@dinecollege.edu; 928-724-6861
- ***Shiprock/Crownpoint:*** Marlencia Chee; mdchee@dinecollege.edu; 505-368-3625
- ***Tuba City:*** Shirley Yellowhair; shyellowhair@dinecollege.edu; 928-724-7503

Students must also take the following courses (which may be taken as part of the SBS AA degree or concurrently with Psychology BA degree courses):

- PSY 111 Introduction to Psychology
- PSY 213 Statistics
- PSY 290 Research Methods
- ANT 201 Ethnographic Methods
- ANT 225 or HST 234 or SOC 215

The Bachelor of Arts Degree in Psychology at Diné College is a total of 124-129 credits (includes an AA degree in Social and Behavioral Sciences). Psychology BA professional preparation courses include 52-54 credits of essential courses (in areas of decolonization and resilience, Navajo psychology, social and cultural psychology, counseling and clinical psychology, law, health and physiology, developmental psychology, indigenous research methods, Navajo language) followed by 4 credits of Independent Study, Undergraduate Research, or Fieldwork Experience (i.e., Internship) in the student's area of specialization. Students will also take a 2-credit Educational and Career Planning course that will provide an overview of educational and career opportunities available with a degree in psychology. Students are provided with skills for succeeding in a Bachelor program, developing a career path, applying for jobs, and pursuing graduate degrees. As part of graduation requirements, students will put together a portfolio summarizing what has been learned in the program and outlining a post-graduation plan.

Applying to Diné College:

New students who have not yet taken any courses at Diné College must complete an application:

<http://www.dinecollege.edu/prospective/prospective.php>

More information about registration can be found here: <http://www.dinecollege.edu/reg/registration.php>

Financial Aid:

Students can seek Financial Aid here: <http://www.dinecollege.edu/finaid/financial-aid.php>

Student Housing:

More information about student housing can be found here:

<http://www.dinecollege.edu/residence/residencelife.php>

Updated 06/01/2017

DEGREE REQUIREMENTS (124-129 hrs)*

GENERAL EDUCATION CORE (40-43 hrs)

COMMUNICATIONS (6 hrs)

- ENG 101 Freshman English I (3)
- ENG 102 Freshman English 2 (3)

HUMANITIES/FINE ARTS (6 hrs)

- *Choose two from:* ARH; FA; HUM; ENG 212, 213, 231, 233, 234, 241, 297; THR 101, 102

MATHEMATICS (3-4 hrs)

- *Choose one from:* MTH 106 or MTH 110 or MTH 114

NAVAJO STUDIES (9-10 hrs)

- One NAV course, based on placement test (3 or 4)
- NIS 111 Foundations of Navajo Culture (3)
- NIS 221 Navajo History to Present (3)

PHYSICAL ED AND HEALTH ED (2-3 hrs)

- PEH 122 (2) *or* HEE 110, 111, or 112 (3) *or* choose two from PEH 118 through 143 (1)

LABORATORY SCIENCE (8 hrs)

- *Choose one Life Science with lab from* BIO
- *Choose one Physical Science with lab from* AGR, AST, CHM, ENV, GLG, PHY, or PHS

SOCIAL AND BEHAVIORAL SCIENCES (6 hrs)

- *Choose one from* HST 101, 102, 135, or 136
- *Choose one from* ANT, ECO, POS, PSY, SOC, SSC, or SWO

LOWER LEVEL REQUIREMENTS (23 hrs)

- COM 121 Speech Communication (3)
- ANY SBS 200-level, including SOC 210, SOC 225, HST 245, HST 256, or SWO 200 level (3)
- PSY 111 Introduction to Psychology (3)
- PSY 213 Statistics (3)
 - Cross-listed with MTH 213
- PSY 290 Research Methods (3)
- ANT 201 Ethnographic Methods (3)
- ANT 225 or HST 234 or SOC 215 (3)

PROFESSIONAL PREPARATION COURSES (58-60 hrs)

- PSY 200 Decolonization and Resilience (3)
 - Cross-listed with ANT 199
- PSY 202 Career Explorations in Psych. (2)
- PSY 211 Intro to Navajo Psychology (3)
 - Cross-listed with NIS 211
- PSY 240 Human Growth and Dev. (3)
- PSY 291 Intro to Counseling (3)
- NIS 311 Intro to Navajo Holistic Healing (3)
- NIS 371 Navajo Philosophy (3)
- PSY 241 Abnormal Psychology (3)
- PSY 250 Social Psychology (3)
- PSY 255 Physiological Psychology (3)
- PSY 315 Health Psychology (3)
- PSY 325 Psychology and Law (3)
- PSY 340 Child and Adolescent Dev. (3)
- PSY 350 Cultural Psychology (3)
- PSY 360 Drug Use and Abuse (3)
- PSY 413 Advanced Indigenous Research Methods (4)
- *Choose one from:* PSY 497 Independent Study or PSY 498 Undergraduate Research or PSY 499 Fieldwork Experience (4)
- *Choose two from:* NAV 201, 202, 211, 212, 231, 289 (3 or 4)

ELECTIVE (3 hrs): must be NAV 102 if needed for 200-level Navajo Language Course

*See General Catalog for course descriptions and prerequisites and see the Course Schedule for a list of courses offered each semester

Course Catalog:

<http://www.dinecollege.edu/catalog/catalog.php>

Course Schedule:

<http://www.dinecollege.edu/schedule/schedule.php>

EMPLOYMENT OPPORTUNITIES

Employment on the Navajo Nation and Surrounding Areas:

(examples from recent job ads)

With a Bachelor Degree in Psychology:

- DDD Case Manager 2
- Discharge Planner/Social Worker
- Juvenile Program Facilitator
- Mental Health/Disabilities Specialist
- Community Support Worker
- CPS Permanency Planning Case Worker
- Adult Protective Services Investigative Caseworker
- Presbyterian Medical Services (PMS) Classroom Instructor
- CPS Investigation Case Worker
- Juvenile Probation Parole Officer I
- Toddler Lead Teacher at Fundamental Child Development Center
- Principle Substance Abuse Counselor at Navajo Dept of Behavioral Health Services (DBHS)

With a Graduate Degree (Master's degree, PhD):

- Clinician Counselor at Navajo Health Foundation
- Mental Health Therapist at PMS
- Clinical Services Supervisor at PMS
- CPS Youth Transition Coordinator
- School Psychologist (multiple locations including Flagstaff, Farmington, Shiprock, etc)
- Clinical Director at Navajo DBHS
- Clinical Specialist at Navajo DBHS
- Clinical Psychologist at Navajo DBHS – PhD required
- Mental Health Counselor at Tuba City Regional Health Care Corporation
- Mental Health Specialist at Tséhootsooí Medical Center
- Social Worker at Tséhootsooí Medical Center
- School Counselor at Ch'ooishgai Community School
- Residential Counselor at Ch'ooishgai Community School
- Psychology Faculty/Professor

Other Examples*

Animal Trainers, Clinical Data Managers, Compensation/Benefits/Job Analysis Specialists, Customer Service Representatives, Forensic Science Technicians, Health Educators, Human Resources Specialists, Industrial-Organization Psychologists, Intelligence Analysts, Lawyers, Market Research Analysts, Marketing Specialists, Marriage and Family Therapists, Neuropsychologists and Clinical Neuropsychologists, Occupational Therapists, Patient Representatives, Physician Assistants, Probation Officers and Correctional Treatment Specialists, Law Enforcement Personnel (including Chief of Police), Program Directors, Psychiatric Aides, Psychiatrists, Public Relations and Fundraising Managers, Sales Representatives, Social Science Research Assistants, Social and Community Service Managers, Social and Human Service Assistants, Substance Abuse Counselors, Behavioral Disorder counselors, Training and Development Specialists

**Data obtained from the Occupational Information Network (ONET) under the sponsorship of the U.S. Department of Labor/Employment and Training Administration (USDOL/ETA)*

Range of Annual Salary with Psychology BA Degree: Approximately \$28,000 to \$55,000

Range of Annual Salary with Graduate Degree: Approximately \$30,000 to Over \$100,000

Marketable Skills Gained from a Psychology BA Degree at Diné College:

- A broad knowledge base about human thought, emotion, behavior, and well-being from both a Navajo and a Western perspective
- Analytical Skills, including Critical Thinking, Problem-Solving, and Reasoning
- Communication Skills, including English and Navajo Language Skills, Reading, Writing, Listening, and Presentation Skills
- Interpersonal Skills, including Self-Awareness, Empathy, Compassion, Honesty, Conscientiousness, as well as Teamwork and Leadership Skills
- Ability to Gather and Synthesize Information
- Research and Statistical Skills
- Ethics and Values, including Research Ethics in both Indigenous and Western contexts
- Computer Skills, including Ability to Work with Excel and SPSS
- Practical skills in area of interest (i.e., internship or independent research project)
- Organization and Time Management Skills

Factors Influencing the Disciplining and Termination of New Hires

Most Frequent ↓	Reasons for Discipline
1	Lack of work ethic/commitment
2	Unethical behavior
3	Failure to follow instructions
4	Ineffective in teams
5	Failure to take initiative
6	Missing assignments/deadlines
7	Unable to communicate effectively—verbally
8	Inappropriate use of technology
9	Being late for work
10	Unable to communicate effectively—writing

Note. Items in **BOLD** are also reasons for termination of new hires.

Gardner (2007)